



WAVES

E-Newsletter of FCDP & TMS

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Editorial

I am very pleased to share with you the E-newsletter of the month of July. Organic farming has been beneficial in keeping our environment and communities healthy. Organic farming targets all the different aspects of sustainable living. Realizing the importance of the same, most important of the events was the promotion of our WE-LivE project, empowering women and nurturing young talent. FCDP-TMS has been actively engaging in various programs aimed at promoting organic farming practices. The significant events of the month were the WE-LivE project initiatives, women empowerment programs, and competitions for young talent. These events showcase the social commitment of FCDP family towards the integral growth of youth, children, and fisherfolk in our region. I am grateful to the entire board and staff, our benefactors and well-wishers. who are constantly supporting and encouraging us in all our efforts.

**-Fr. Jithin Sebastian SDB
(Director, FCDP-TMS)**

CULTIVATING HEALTH AND SUSTAINABILITY: ORGANIC FARMING INITIATIVE IN PALLITHOTTAM

Organic farming has been initiated in the Pallithottam area as part of the WE-LivE project, under the guidance of FCDP. The program aims to promote a healthy lifestyle among individuals through organic farming practices. Miss Berlin (Coordinator, We -Auto) conducted a session on essential considerations for organic farming, while Sr. Mary K(Asst. Director TMS) extended warm greetings to all participants. Miss. Anna Saju, (Coordinator, WE-LivE) expressed her gratitude with a vote of thanks, emphasizing the importance of sustainable living and healthy eating. By adopting organic farming practices, individuals can contribute to a healthier environment and a better future.



NURTURING YOUNG TALENT: HANDWRITING AND PAINTING COMPETITIONS

Donbosco Children's Forum, under the aegis of FCDP, organized handwriting and painting competition for children from LKG to 10th standard, aiming to foster their artistic skills with academic learning. The event, held at FCDP Hall on July 13, 2024, saw enthusiastic participation from around 80 children of all castes. Mrs. Bindu Harrison, Children's Forum Coordinator, and FCDP staff members attended the program, encouraging the young participants to showcase their creativity and talent.



EMPOWERING COASTAL WOMEN: 8TH PHASE AUTO DISTRIBUTION UNDER WE-AUTO

The 8th phase auto distribution of the WE-Auto project, a women empowerment initiative under the Fisherment Community Development Programme (FCDP), was held at the FCDP office on July 16, 2024. Mr. Shefeek B, (SHO Pallithottam Police Station) flagged off and executed the distribution. Mrs. Dayana and Mrs. Chitra were the recipients of autos under the We-Auto scheme. The project aims to mainstream coastal women, break employment stereotypes, and achieve financial independence. Mrs. Agnes John (Chairperson, FCDP) presided over the function. Distinguished guests, including Fr. Thomas (Asst. Vicar St. Stephen Church Thope), Dr. Sindha Mendez (Board Member FCDP), and Mr. Ashik (Manager of Piaggio) conveyed their greetings. Attendees included Mrs. Tomy Joseph (Board Member FCDP), Sr. Freddy (Board Member, FCDP), Fr. Jithin Sebastian (Director, FCDP-TMS) Sr. Mary K (Asst. Director, TMS), and other staff members.



PROMOTING SUSTAINABLE LIVING: DISTRIBUTION OF VEGETABLE SAPLINGS

An awareness class was organized to promote sustainable living as part of the WE-LivE project, under the guidance of FCDP. Mr. Prakashan, Agriculture Officer of Kollam, conducted the session, educating participants on soil preparation, crop harvesting, and protection from microorganisms. Mrs. Gretta Raju (Executive Manager, FCDP) addressed the gathering. Mr. Prakash distributed vegetable saplings and fertilizers to the women, who were joined by Mrs. Sajeev Kumar, Assistant Agriculture Officer, Sr. Mary K, (Asst. Director, TMS) Miss. Anna Saju, (Coordinator, WE-LivE) and FCDP-TMS staff members. 30 women attended the function, taking a significant step towards sustainable living.



EMPOWERING WOMEN THROUGH ORGANIC FARMING

Vegetable saplings and organic fertilizers were distributed in Vellimon as part of the WE-LivE project, under the supervision of FCDP. An awareness class for women was also conducted by Mrs. Anjana (Agriculture Officer Perinad) who encouraged women to take organic farming to an entrepreneurial level, beyond kitchen gardens. She explained the harvesting of various crops and how to protect them from microorganisms. Mrs. Lacticia Martin, (President TMS) presided over the ceremony, Mrs. Anjana distributed vegetable saplings and fertilizers to the women. The function was attended by about 30 women, and Miss. Anna Saju, Coordinator of WE-LivE, expressed her gratitude.



CULTIVATING A SUSTAINABLE FUTURE: ORGANIC FARMING INITIATIVE IN VELLIMON

Organic farming has been initiated in Vellimon as part of the WE-LivE project, under the guidance of FCDP. The program aims to promote organic farming practices and cultivate a healthier lifestyle for the future. Mrs. Joy (Assistant Agriculture Officer Kottarakkara) led a class on essential considerations for organic farming, including land preparation and cultivation techniques. 30 women attended the class, taking a significant step towards embracing organic farming as a means to a sustainable and healthy future.



DENGUE AWARENESS CLASS HELD

FCDP, in collaboration with Bishop Benziger Nursing College, Kollam, hosted a Dengue Awareness Class on July 27 2024 at FCDP Hall. Almost 60 participants attended the informative session, learning about dengue fever's causes, symptoms, and prevention methods. Miss. Sree Lakshmi and Miss. Shamsiya led the class, emphasizing the importance of mosquito control and early detection. Dengue fever's severe forms, such as dengue hemorrhagic fever and dengue shock syndrome, were also discussed. Participants learned about the Aedes mosquito's role in transmitting the disease and how to eliminate breeding sites. The class covered proper diagnosis, treatment, and management of dengue fever. The session aimed to educate and empower individuals to combat dengue fever in their communities.



NATIONAL NGO CONFEDERATION SEMINAR: EMPOWERING SOCIAL IMPACT

On July 17th, members of FCDP and TMS attended a insightful seminar organized by the National NGO Confederation, focusing on crucial aspects of non-profit management. The event delved into essential topics such as NGO registration, CSR funding, and website management, providing valuable knowledge and expertise to the participants.

The seminar aimed to empower NGOs to amplify their social impact, enhance their operational efficiency, and leverage technology for greater good. Expert speakers shared their experiences, offering practical tips and best practices on navigating the complexities of NGO registration, accessing CSR funds, and effectively utilizing digital platforms.

FCDP and TMS members actively engaged in the discussions, gaining valuable insights and networking opportunities. The seminar served as a platform for NGOs to collaborate, share knowledge, and drive collective growth, ultimately contributing to a more vibrant and impactful social sector."



BIRTHDAY CELEBRATION OF MRS. AGNES JOHN, THE CHAIRPERSON OF FCDP

In a heartfelt expression of gratitude, the FCDP family gathered to celebrate the birthday of Mrs. Agnes John, the Chairperson of FCDP on July 25, 2024. We appreciate her, for her generous help and constant dedication to the organization's work. She is one of the main forces behind the organization's success, and everyone expressed sincere wishes for her good health and happiness in all her future endeavors.



FISHERMEN COMMUNITY DEVELOPMENT PROGRAMME (Reg. No. Q.771/84)
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