



WAVES

E-Newsletter of FCDP & TMS



Volume 4

Issue 10

October 2024

Editorial

I am greatly privileged to share the E-Newsletter of the month of October with you. The empowerment of women has emerged as a key issue in economics and development. Women can take charge of and profit from resources, assets, and income when they are economically empowered. In a certain political or social environment, it may lead to strategies that promote underestimated genders. Women Empowerment is essential for social and economic results. Projects that empower women yield greater benefits than those that only focus on mainstream gender.

Fishermen Community Development Programme continues to make efforts in empowering the women in the coastal region of kollam through various training classes and credit linkage, financial and leadership sessions. FCDP hopes to reach to more people by expanding the boundaries of our service with launching our presence in Shaktikulangara. Celebration of world food day with the poor children women of Karunyatheeram orphanage opened the minds of members of children's forum to become empathetic and considerate towards poor. I extend my heartfelt gratitude to all the board and staff members, benefactors and wellwishers for their continuous help and support in moving forward in our services.

**-Fr. Jithin Sebastian SDB
(Director, FCDP-TMS)**

EXPANDING BOUNDARIES ; EMPOWERING COMMUNITIES TRAINING FOR SUSTAINABLE LIVELIHOODS

In view of expanding the boundaries of FCDP-TMS towards more fishermen communities a Fish and Food Processing training class was organized at St. Anne's Convent, Sakthikulangara. In collaboration with KCYM Thankassery Forane Fr. Akhil beety (Asst. vicar. St John De Britto Sakthikulangara) welcome the gathering. Fr. Jison, (Assistant Director KCYM, Diocese of Quilon), officially inaugurated the program, emphasizing the importance of skill development and entrepreneurship in uplifting the livelihoods of fishermen communities. Sr. Mary K (Asst. Director, TMS) Delivered Vote of Thanks. The program was attended by 20 members.

The training program aimed to equip participants with essential skills in fish and food processing, enabling them to create value-added products and enhance their income. Expert trainer Ajay Shankar guided the participants through covering topics such as Fish handling and preservation, Food safety and hygiene' Product development and packaging, Marketing strategies. the program has paved the way for participants to enhance their livelihoods, contribute to economic growth, promote sustainable fishing practices, and improve food security and nutrition in their regions.



CELEBRATING WORLD FOOD DAY WITH LOVE AND COMPASSION

On October 19th, in celebration of World Food Day, members of the Don Bosco Children's Forum visited Karunya Theeram Balabhavan. Around 60 children and animators took part, creating a heartwarming and joyful experience.



The event began with an Introductory talk by Fr. Jithin Sebastian (Director, FCDP-TMS -FCDS), followed by greetings from Sr. Theresa (Managing Trustee, Karunya Theeram) and Mrs. Agnes John (Chairperson, FCDP). The day featured lively cultural performances from the children along with fun games and gift distribution. The event was a celebration of joy, as the children danced and sang, sharing moments of warmth and laughter with the elderly women of the home. The day concluded with a "Snehavirunnu" (a special meal of love), bringing the event to a joyful close at 6 PM. The spirit of love, compassion, and unity that was shared throughout the day left a lasting impact on all who attended.

EMPOWERING FISHERMEN COMMUNITIES ; THROUGH SKILL DEVELOPMENT

Fish and Food Processing class which was organized at St. Anne's Convent Sakthikulangara, As part WYEP project culminated in a vibrant Food Fest and certificate distribution ceremony on October 28 2024. The event was Inaugurated by Fr. Bajju Julian, (Vicar General, Diocese of Quilon). The event celebrated the empowerment of women from the fishing community through skill development. Benefactors and well-wishers attended the programme, witnessing the trainees' culinary expertise. The Food Fest showcased dishes prepared by the women themselves, including Beef and Chicken Cutlets, Samosas, Chicken Soup, Fried Rice, Kappa, Fish Curry, and Chicken Curry.

This initiative aimed to equip women with essential skills, enhancing their employability, entrepreneurial potential, and financial independence. By acquiring food processing expertise, these women hope to transform their lives, fostering confidence, self-reliance, and community growth.



WE-AUTO: 9TH PHASE DISTRIBUTION HELD

The 9th phase auto distribution of We-Auto, a women empowerment initiative led by the Fishermen Community Development Program (FCDP), took place at the FCDP office on October 24, 2024. The project aims to bring coastal women into the mainstream of society, breaking away from traditional employment stereotypes and making them financially independent. Mrs. Gretta Raju (Executive Manager, FCDP) welcomed the gathering. Mrs. Agnes John (Chairperson, FCDP) presided over the event, Mrs. Jasmine and Mrs. Geetha George received autos under the We-Auto scheme. Fr. Bajju Julian (Vicar General, Diocese of Quilon) handed over the keys to the beneficiaries and flagged off the vehicles. Fr. Jithin Sebastian, Director (FCDP-TMS-FCDS) Mrs. Laticia Martin (President, TMS) Dr. Thomas William(Board Member, FCDP) and Sr. Mary K (Assistant Director, TMS) conveyed greetings to the participants. Ms. Berlin (Project Coordinator) delivered the vote of thanks. The function was attended by FCDP-TMS-FCDS board members, staff, and beneficiaries



WeLivE

EMPOWERING WOMEN THROUGH SKILL TRAINING

Fishermen Community Development Programme organised a training class for women on umbrella making, which has begun at the FCDP hall. The class was led by Mrs. Latha Rajan (Faculty, Rural Self Employment Training Institute, Kottayam). Umbrella-making is an area that provides sustainable sources of income and empowerment for women entrepreneurs. With relatively low initial investment, it allows women to work from home, enabling them to balance work and family responsibilities. It also enhances their entrepreneurial skills, boosts their confidence, and provides a source of income that supports their families.



WORKSHOPS ON FINANCE MANAGEMENT AND LEADERSHIP

FCDP Organized class on Finance Management Class for Women. On October 16 at FCDP Hall Mr. Joe Louis, Manager, FCDS conducted a session on comprehensive finance management. This empowering session aimed to enhance financial literacy and economic independence among women. Approximately 17 women participated, engaging actively in discussions and gaining valuable insights. Mr. Joe shared his expertise on budgeting, savings strategies, investment options, risk management, credit management, and retirement planning.

He emphasized the importance of financial planning, goal-setting, and smart investing. Through interactive sessions, real-life examples, and personalized guidance, participants acquired practical skills to manage finances effectively. The class fostered a supportive environment, encouraging women to share experiences and learn from each other.

FCDP's initiative demonstrates its commitment to promoting women's economic empowerment and financial independence. By equipping women with financial knowledge, FCDP enables them to make informed decisions, secure their futures, and contribute to their families' well-being.



BUILDING CAPACITY, ENHANCING LIVES: FCDP'S WOMEN-FOCUSED INITIATIVES

Under the leadership of FCDP a Group Management workshop on September 15, 2024, was held at Pallithottam the class was led by Sr. Mary K. seventeen women participated, gaining valuable insights into effective group dynamics and leadership through sessions on team building, communication strategies, conflict resolution, leadership skills, and goal setting. Interactive discussions, group activities, and Sr. Mary's expertise enabled participants to develop essential skills for efficient group management and leadership. This FCDP initiative empowers women to lead and manage community groups, foster collaboration, drive social change, and enhance decision-making capabilities.



EMPOWERING WOMEN THROUGH FINANCIAL INCLUSION

On October 17, 2024, FCDP organized a workshop on Credit Linkage and Financial Access. Mrs. Samitha T, Industrial Extension Officer, Kollam, conducted the session, which was attended by 17 women. The workshop aimed to empower women by providing knowledge on credit options, government schemes, and financial institutions. Participants learned how to access financial assistance for business growth and development. Through interactive sessions and personalized guidance, Mrs. Samitha helped women develop skills to make informed financial decisions and improve their economic well-being.



FISHERMEN COMMUNITY DEVELOPMENT PROGRAMME (Reg. No. Q.771/84)
THEERADESA MAHILA SOCIETY (Reg. No. Q.1039/95)

Canal Road, Pallithottam P.O., Kollam—691 006
Phone: 6360544503, 9895249938, 9895754970
Email: director@fcdpindia.com, tms@fcdpindia.com,

Log on to: www.fcdpindia.com
Follow **fcdpkollam** on

