



WAVES

E-Newsletter of FCDP & TMS



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Editorial

I'm delighted to share with you the November issue of our e-newsletter - "Waves". The month of November witnessed a variety of activities. The most outstanding event among them was the Children's Fest and the inauguration of Children's Parliament. This endeavor aims to teach children democracy and citizenry skills, while giving them an official forum to voice their own concerns and solutions to local and global issues. It is important to keep youth and children informed about political processes and get them involved in their schools and communities. Children must learn to make decisions themselves. Through the Children's Parliament program, students will get a lot of opportunities to organize a variety of social and educational activities in their groups such as health and social activities, environmental activities or multicultural events. It is hoped that the programme would help students learn about their rights and responsibilities as citizens of the country. May God bless our efforts in this regard.

**-Fr. Jithin Mattamundayil
(Assistant Director, FCDP)**

ANNUAL PICNIC TO MANKULAM, IDUKKI

On November 4, 2023, the staff members of FCDP, TMS and FCDS enjoyed a refreshing picnic to Mankulam, Idukki. The day was filled a number of adventure and sightseeing activities like jeep safari, trekking, waterfalls, suspension bridges, and streams. It was a rare occasion to see a wild elephant with its baby drinking from the spring inside the river at Anakkulam. The highlight was the very beautiful waterfall with also a natural fish pedicure. It was indeed a memorable experience and an occasion to unwind.



LEADERSHIP TRAINING CLASS

A leadership training was organized for SHG leaders at FCDP Hall on November 10, 2023. The training was given as part of WYEP Project, a program for empowering women and youth by providing them various opportunities and skills. Ms. Anisha B. Chacko was the chief resource person for the sessions. Over 80 SHG leaders participated in the training. The sessions covered key topics such as communication skills, decision-making, conflict resolution, and financial literacy. Practical exercises and group discussions were incorporated to facilitate hands-on learning. The training also focused on instilling a sense of confidence and motivation among the leaders, fostering a collaborative and supportive environment within the SHGs .



FREE MEDICAL CAMP HELD

Shifa Medical Centre, in collaboration with the Rotary Club of Quilon West End and the Fishermen Community Development program Kollam, organized a free diabetes check-up and awareness class at FCDP Hall on November 14, 2023. The camp focused on issues related to diabetes. Tests were provided on blood sugar, HbA1c, and diabetic neuropathy. About 40 members participated in the camp. Our sincere appreciation to the doctors, nurses, and staff who assisted at the camp. Besides offering free medical services, the camp was also useful in disseminating information on health-related matters.



LEGAL AID CLINIC ORGANISED

The District Legal Services Authority (DLSA) and Taluk Legal Services Authority (TLSA), Kollam, in collaboration with the Fishermen Community Development Programme and Theeradesa Mahila Society, organised a legal aid clinic on November 30, 2023, at FCDP, Kollam. Adv. Dileep (TLS panel member) dealt with the cases brought by the people. Around 15 members consulted and got advice for further procedures. Free legal aid services ensure that opportunities for justice are not denied to any citizen by reason of economic or other disabilities. Legal services include rendering service in the conduct of any case or other legal proceedings before any court and giving advice on any legal matter.



FOOD PROCESSING COURSE HELD

The Fishermen Community Development Programme organized a food processing training program for the budding entrepreneurs of the region . The program was officially inaugurated by the mid of November The certificates of the course is to be held by the mid of December 2023 at FCDP Hall. The course was inaugurated by Mrs. Usha Rani (Faculty, JSS). Fr. Joby Sebastian (Ast. Director FCDP), and Sr. Mary K. (Ast. Director TMS) spoke on the occasion. Classes were led by Mrs. Kaumathi and Mrs. Alamelu. 20 members were part of the course. The course syllabus focussed especially in preparing syrup, squash, jelly, jam, and sauces. The food processing course was held in collaboration with Jan Shikshan Sansthan. The course was organised with the aim of supporting women to start own business related to fish.



INAUGURATION OF CHILDREN'S PARLIAMENT HELD

Don Bosco Children's Forum, in collaboration with the Rotary Club of Quilon Heritage and Don Bosco College Kottiyam, organized "Don Bosco Children's Parliament and Children's Fest. The program was held on November 25, 2023, at the Rotary Community Hall, Kollam. Mrs. Elizabeth Lisy (Headmistress, Balika Mariam School, Pattathanam) inaugurated the Children's Parliament. The 21 elected members of parliament sworn in as members taking the oath from the President of children's Parliament, Ms. Anjana. Mrs. Agnes John (Chairperson, FCDP) presided over the function. Mr. Henry Bernard Lopez (President, Rotary Club Quilon Heritage), Ms. Veronica Antony (TMS, President) and Rev. Fr. Joby Sebastian (Director FCDP-TMS, DBCF) spoke on the occasion. Dr. Seena Gopinathan (Associate Professor, Department of Home Science, Sree Narayana College for Women, Kollam) led an awareness class for children on the theme 'Learn to Lead'. Children's Parliament is begun with the idea of actively involving children in decision-making, developing leadership skills, civic responsibility, social consciousness, and thus promoting democratic values. The children's Parliament inauguration was followed by Children's Fest. Various games such as Ring in the bottle, matchstick candle, football cut post, basketball, Lucky balloon etc.. and lively atmosphere is filled with the excitement of friendly competition and the shared thrill of each game. The organisation of the function were led by the DBYF and staff under the leadership of Rev.Fr.Jithin MS (Asst. Director FCDP) and Bindhu Harrison (DBCF coordinator).



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